

Symmetric Mittens



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Fits most females (or men with smaller hands) ages 13 to death.
(i.e., Women's Medium)

The idea behind these mittens is for them to fit the shape of your hand well, for easy thumb usage, and to be symmetric so you don't have to worry about thumb placement while you're knitting them. I did them in a solid color, but you could easily add some fair isle bits or stripes anywhere above the thumb.

Yarn originally used: Brown Sheep Co. *Lamb's Pride* 85% wool 15% mohair blend in *heirloom blue*, 1 skein.

Needles: #8 US circular, metal.

Gauge: Stockinette: 5 st/ 6 rows = 1"

CO 30 st, pm, and join. K 10 rounds in a K3 x P2 rib pattern.

K next round (St. st.)

[K6, M1] to marker (5 added stitches).

K around

[K7, M1] to marker (5 added stitches).

Now you have 40 st. K 2 more rounds.

Repeat this pattern 5 times:

[K5, M1, K to 5 before marker, M1, K5]

K 7 rounds. K 5 stitches of the next round. Place the first 5 and last 5 stitches in the row (i.e., the last 10 stitches you knit) on a stitch holder/scrap yarn. This is the thumb gusset.

Continue knitting the body of the mitten by finishing the row you're on.

Next row, join yarn (without the held stitches), K1, pm, K half way across row, plus one stitch. Pm. Finish round. K 9 more rounds in St st.

Repeat this pattern 2 times:

[R1-3: K around

R4: K to 2 stitches before marker, K2 tog, K to 2 stitches before second marker, K2 tog]

K 2 rounds

Repeat this pattern 5 times:

[R1: K to 2 stitches before marker, K2 tog, K to 2 stitches before second marker, K2 tog

R2: K around]

Use 3-needle BO to finish top of mitten:

Flip mitten inside-out. Place half of the remaining stitches on one end of the circular needle, and the rest on the other. Hold the needles parallel with their points facing in the same direction. Use another needle to knit into the back of the stitch on the front needle and then the front of the stitch on the back needle, effectively knitting the two together. Repeat. Slip the first stitch you knit over the second one, binding them off. Repeat this process for every stitch you knit until you've bound off the whole mitten top.

Thumb:

Place the 10 thumb stitches on the needle, and pick up 5 stitches on the inset of the thumb, along the mitten body, for 15 stitches total.

K 1 round

Repeat this pattern 4 times:

[R1: K2tog, K to end

R2: K around]

K 4 rounds

Finish cap by decreasing 2 stitches evenly over the round for the next 3 rounds. Then thread yarn tail through remaining stitches and work in loose ends.

Voila! Symmetric mitten. ☺ Make two, unless you only need one.